

OPTIMA 100

CT1021-100
Cross Trainer Level: ■ ■ ■ ■ Standard



3D & AR



KETTLER



KETTLER

OPTIMA 100		
Identifiers	Trisport model name from 2020	OPTIMA 100
	Official name	Kettler OPTIMA 100
	Category	Crosstrainers
	Range	
	Old model name until 2020	RIVO 2
	Trisport item number	CT1021-100
	EAN number	7640119481166
	Cross trainer type	Rear-wheel drive
Mass	Dimensions (LxWxH)	115 × 62 × 160 cm
	Product weight	52 kg
	Maximum load	110 kg
Performance	Cross Trainer Level	Standard
	Resistance system	Manual magnetic braking system
	Flywheel mass system	12 kg
	Peak Watt power	None
Training	Resistance levels	8
	Number of training programmes	None
	Training mode	Manual (speed-dependent)
	Apps	No
	Heart rate programme	No
Training computer	Performance measurements (displayed)	Speed, calories, pulse, RPM, distance and training time
	Number of user profiles	None
	Bluetooth	No
	Display	85 x 48 mm LCD
	Languages	EN
	Footplates	Adjustable
Practicality	Stride length	320 mm
	Footplate spacing	230 mm
	Rollers for easy transport	Yes
Features	Pulse monitoring	Hand-grip pulse sensors included
	Smartphone/tablet holder	Yes
	Height adjustment	Yes
	Power supply	Batteries (x2)
	Main colour	Black

- Manually adjustable magnetic braking system with 8 resistance levels
- 12 kg flywheel mass system for a particularly balanced rotation
- Easy-to-use training computer
- 6 measurements continuously displayed (heart rate, pedal rpm, time, speed, distance and energy consumption), pre-settings and recovery pulse measurement with fitness grade
- Armrest with ergonomically shaped grip ends
- Adjustable footplates
- Rollers for easy transport